

# Victoria Frances Jackson

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## COMPETITION TERMS & CONDITIONS

Last Updated 29<sup>th</sup> March 2024

Welcome to VFJ Pilates!

These Competition Terms & Conditions outline the rules and eligibility requirements for entering Competition A, as well as any additional competitions run by Victoria Frances Jackson (VFJ), VFJ Dance, VFJ Fitness, VFJ Pilates, and VFJ Pilates's Website ([www.vfjpilates.co.uk](http://www.vfjpilates.co.uk)). These Terms & Conditions were created using publicly available guidance from [shortstack.com](http://shortstack.com), [facebook.com](http://facebook.com), and the UK Gambling Commission.

If you have any questions or need more information about this policy, please contact us.

### CONSENT

By entering any competition you consent to our Competition Policy and accept our Terms & Conditions, Refund Policy, Safeguarding Policies and other relevant policies. By participating in any exercise, you agree to our Exercise Disclaimer. By accessing the competition, sessions, or website, we assume you have read, understood, and accepted all relevant policies. Do not continue to use our services, website or enter any competitions if you do not agree to accept all the terms & conditions stated on these pages.

### PERSONAL INFORMATION

For detailed information on what personal data we collect, how we collect it, how we use your personal data and how we store that data please see our privacy policy.

### WHAT COMPETITIONS WE RUN

The main competition we run is called Competition A. It is a year-long competition. A new Competition A takes place each year and runs from 00:00 (midnight) GMT on 1 January until 12:00pm GMT on 24 December, with the prize draw held during our annual online Christmas party, usually between 25 and 31 December.

### WHAT ARE THE PRIZES FOR COMPETITION A?

1st prize for Competition A is one 30-minute live online 1-2-1 session, or one 30-minute dance private session, or one 30-minute small group training session (winner's choice) provided by VFJ Pilates. All other prizes for Competition A are purchased throughout the year. Pictures and information about each prize will be posted via our social media channels and on our website as and when each prize has been purchased. Additional prizes are not guaranteed and may vary from year to year. In the event that no other prizes are purchased throughout the year, for any reason, the 1st prize will be the only prize.

Any donated or partnered prizes will be clearly labelled when shared on our website and social media. All other prizes are purchased by VFJ Pilates.

### HOW TO GAIN COMPETITION A ENTRIES

Entries into Competition A are free and can be gained in a variety of ways throughout the year. No purchase is necessary. Entries can be earned through non-payment-based actions including participation in challenges, sharing tagged social media posts, and signing up to the VFJ Pilates email newsletter.

Standard Entry Methods:

- 1 Entry: All class passes (face-to-face, online, bespoke, etc.)
- 2 Entries: All 30-minute passes (e.g. 1-2-1 sessions, Dance Privates)
- 3 Entries: All 60-minute passes (e.g. 1-2-1 sessions, Dance Privates)

Recurring membership payments now receive one entry per successful payment, tracked via Wix automations. This applies to all active pricing plans.

Entries may also be awarded at our discretion for hen dos, birthdays, and other one-off special events. Entries are usually assigned to the booking name, guest of honour, or organiser depending on the situation.

#### Bonus Entries:

- 1 Entry: Taking part in a VFJ challenge (participants must post at least once in the WhatsApp challenge group).
- 1 Entry per photo: Posting a selfie or other photo in the WhatsApp challenge group or on social media (must tag the VFJ Pilates Facebook or Instagram page). Only tags to VFJ Pilates business pages count — personal profile tags do not qualify.
- 1 Entry: Signing up for the VFJ Pilates email newsletter (one-time entry only).
- 1 Entry: If listed as a Top 10 Contributor in the VFJ Wellness Facebook group on the last day of the month (based on Facebook's own contributor list).

We reserve the right to change how entries are gained by adding or removing methods depending on the number of prizes purchased and entries given throughout the year.

We reserve the right to give other entries as and when needed at our discretion.

#### WHAT EXACTLY DOES GAINING A COMPETITION ENTRY MEAN?

At The Studio in Great Harwood, there is a glass jar. Every time a person gains an entry into Competition A, their name is written down on a piece of paper or raffle ticket, folded up, and placed inside the jar.

One entry = one piece of paper with your name on.

Names are handwritten and added based on tasks triggered by Wix automation or verified activity. All qualifying entries are tracked using a combination of automation and manual checks.

#### HOW IS THE COMPETITION DRAWN?

Competition A is drawn at our annual live online Christmas party. This usually takes place sometime between the 25th and 31st of December. If the party and draw cannot take place during this period, it will be held as soon as possible in the new year.

The draw is conducted by someone who is not entered into the competition. Where possible, a close family member such as a child or parent will assist with the draw. If no one is available, Victoria will carry out the draw herself.

Close family members of Victoria are not eligible to participate in Competition A and cannot receive entries.

The draw is intended to take place live during the online Christmas party. If this is not possible, it will be recorded and shared via YouTube, with the video linked or shared to VFJ Pilates social media platforms.

Winners' first names (and an initial if needed) will be published on the website, WhatsApp groups, and social media. This method of announcement is GDPR-compliant and avoids sharing full personal details.

If consent to use their personal information, or to be entered into the draw, has been withdrawn by the entrant drawn, the piece of paper will be disposed of immediately and a new name drawn.

#### HOW WILL COMPETITION WINNERS BE NOTIFIED?

If you are online at the annual Christmas party, you will be notified at the time of the draw. If you are not online, winners will be notified privately via a suitable method of communication, depending on the personal data that we hold. We will always try to notify winners using the most direct and secure method first. If we do not hold any personal data on a winner, they will be notified via Facebook or Instagram private message. If no response is received, the prize will not be considered claimed.

#### WITHDRAWING CONSENT

If you take part in an activity that gains you entry into a competition and you do not wish for us to use your information, you must inform us at the time of the activity or as soon as possible. Most of the activities listed above will result in automatic entry into Competition A unless we are notified otherwise.

Consent to be entered can be withdrawn at any time. However, once your name has been added to the glass jar, it cannot be removed until the time of the prize draw.

If consent has been withdrawn and your name is then picked during the draw, the piece of paper will be disposed of immediately and a new winner selected.

This policy applies specifically to Competition A. For details on withdrawing consent for our other competitions, please see the section below. For information about withdrawing consent for other aspects of the VFJ family, please refer to our Privacy Policy.

#### OTHER COMPETITIONS

Occasionally VFJ Pilates runs other competitions alongside Competition A. These are entirely separate and entries into other competitions do not affect entries into Competition A.

The specific activities and ways to gain entries into our other competitions, how they will be drawn, and details about the prizes will be disclosed at the time each competition is announced. Sometimes these activities may overlap with those for Competition A. In those cases, you will receive an entry into both that competition and Competition A.

If you take part in an activity that gains you entry into one of our other competitions and you do not wish for us to use your information, you must let us know. Consent can be withdrawn at any time, and your name will be removed as soon as possible after we receive your request.

This only applies to our other competitions. Please refer to the section above for how to withdraw consent from Competition A.

#### HOW LONG DO I HAVE TO CLAIM MY PRIZE?

You have one calendar month to respond to any messages and communications sent by Victoria or VFJ Pilates and claim all prizes from all competitions including Competition A.

If you do not respond within one month the prize will be deemed unclaimed and another winner will be drawn. A winner for each Competition A prize will only be drawn twice, after which the prize will be withdrawn and used in the next Competition A. All our other competitions, except Competition A, may be drawn again, or until the prize is claimed, at our discretion.

#### HOW LONG DO I HAVE TO COLLECT MY PRIZE?

With the exception of Competition A's 1st prize, as long as you have claimed your prize within one calendar month of the prize draw, collection can be arranged at a mutually convenient day and time within 3 months of the draw.

Any other uncollected Competition A prizes will be withdrawn after 3 months and used for the next Competition A. Uncollected prizes from other competitions may be redrawn or withdrawn at our discretion.

#### COMPETITION A 1ST PRIZE

The 1st prize consists of a voucher for one 30-minute live online 1-2-1 session, one 30-minute live online dance private session, or one 30-minute live online small group training session (winner's choice).

Competition A's 1st prize must be used within 6 months of the prize draw. After this, the voucher is no longer valid. This session is provided free of charge to the winner and cannot be swapped for another service, product, or monetary value. The voucher cannot be transferred to another person, unless at our discretion.

If you do not wish to use the voucher, a second winner will be drawn. If they also choose not to use it, the voucher will become void and no further winners will be selected.

#### CAN MY PRIZE BE POSTED OR DELIVERED?

Prizes can be posted or delivered within the UK at our discretion. We will cover standard first-class postage and reasonable packaging. If you require upgraded shipping, tracking, signed delivery, or if the prize is especially fragile or valuable, you may be responsible for the additional costs.

A valid UK address must be provided for all deliveries. We reserve the right to change or cancel this option at any time.

#### CAN I SWAP MY PRIZE?

All competition prizes are non-transferable. They cannot be swapped for a different prize, product, or service, and cannot be exchanged for their monetary value under any circumstances. This includes the 1st prize in Competition A.

#### WHO CAN ENTER?

Anyone can enter all our competitions, including Competition A, as long as they are 18 years of age or older and resident in the UK. Close family members of Victoria are not eligible to enter or receive entries. Employees or anyone working on behalf of VFJ Pilates may also be excluded at our discretion.

#### OTHER COSTS

Any additional costs, including taxes, incurred in receiving or using any of our prizes are the sole responsibility of the competition winner. This may include but is not limited to, internet usage charges, travel expenses, or upgrades to postage and packaging.

#### FACEBOOK & INSTAGRAM

By entering any competition with VFJ Pilates, including Competition A, you acknowledge that the promotion is in no way sponsored, endorsed, administered by, or associated with Facebook or Instagram, and you release Facebook and Instagram from any and all responsibilities related to the competition.

#### SPONSORSHIP

All competitions, including Competition A, are sponsored solely by Victoria Frances Jackson and its subsidiary companies unless stated otherwise in the individual competition details. All prizes are purchased by us unless otherwise stated. If a prize has been donated or the competition is officially partnered with a business, this will be clearly noted in the competition details.

We showcase the small businesses we purchase prizes from in our competition posts, but they are not affiliated with, endorsed by, or responsible for VFJ Pilates or our competitions unless explicitly stated.

For Competition A, any donated or partnered prizes will be clearly labelled on our website and social media posts alongside the prize details.

#### INDEMNIFICATION AND LIMITATION OF LIABILITY

By entering any competition, you agree to indemnify and release VFJ Pilates and its owner from any liability, damages, losses, or injury resulting directly or indirectly from your participation in the competition or from your use or misuse of any prizes that may be won.

VFJ Pilates makes no warranties, express or implied, regarding the condition, fitness, merchantability, or suitability of any prizes awarded. We cannot be held responsible for any damage to any computer system as a result of accessing or downloading any information or materials connected with any of our competitions.

#### UPDATING THIS STATEMENT

Victoria Frances Jackson may update this competition policy by posting a new version on this website. Participants are advised to check the website regularly to ensure they are familiar with any changes to these terms and conditions. The date of the most recent update will always be noted at the top of this page.

Sincerely,

**VICTORIA JACKSON**

Owner

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