

Victoria Frances Jackson

Great Harwood
Blackburn
Lancashire
07859 967787

victoriafrancesjackson@hotmail.com

COMPETITION TERMS & CONDITIONS

Last Updated 14th January 2023

Welcome to VFJ Pilates!

This Competition Term & Conditions outlines the rules and regulations regarding Competition A and all other competitions run by Victoria Frances Jackson (VFJ), VFJ Dance, VFJ Fitness, VFJ Pilates and VFJ Pilates's Website, located at www.vfjpilates.co.uk.

This Competition Terms & Conditions was created with the help of advice given by shortstack.com, facebook.com and the gambling commission.

If you have additional questions or require more information about this policy, do not hesitate to contact us.

CONSENT

By entering any competition you hereby consent to our Competition Policy and accept our Terms & Conditions, Refund Policy, Safeguarding Policies and other policies. By participating in any exercise, you agree to our Exercise Disclaimer. By accessing the competition, sessions, or website, we assume you accept and consent to all our policies. Do not continue to use our services, website or enter any competitions if you do not agree to take all the terms & conditions stated on these pages.

PERSONAL INFORMATION

For detailed information on what personal data we collect, how we collect it, how we use your personal data and how we store that data please see our privacy policy.

WHAT COMPETITIONS WE RUN

The main competition we run is called Competition A. It is a year long competition. A new Competition A takes place each year and starts at 12:00am GMT on the 1st of January and ends at 12pm GMT on the 24th December of the same year with the prize draw taken during our annual online Christmas party which is usually held sometime between the 25th December and the 31st December of the same year.

WHAT ARE THE PRIZES FOR COMPETITION A?

1st prize for Competition A is one live online, or face to face, 1-2-1 session or one small group training session (winners choice) provided by VFJ Pilates. All other prizes for Competition A are purchased throughout the year. Pictures and information of each prize will be posted via our social media channels and on our website as and when each prize has been purchased. In the event that no other prizes are purchased throughout the year, for whatever reason, the 1st prize will be the only prize.

HOW TO GAIN COMPETITION A ENTRIES

Entries into competition A are free and can be gained in a variety of ways throughout the year. Some activities gain two entries and some gain one entry.

Two entries:

- Join any free live workout available on our social media platforms, website, or the VFJ Fitness & Wellbeing Facebook group - you must comment #live to receive your entry.

One entry:

- Do any free live workout available on 'catch up' (after the live event) on our social media platforms, website, or the VFJ Fitness & Wellbeing Facebook group - you must comment #replay to receive your entry.
- Post a 'sweaty selfie' to any of the VFJ family's Facebook pages or in the VFJ Fitness & Wellbeing Facebook group.
- Post a 'sweaty selfie' in any of our free VFJ challenges WhatsApp group.
- Become one of our top 10 contributors in the VFJ Fitness & Wellbeing Facebook group. Top contributors will be taken from the groups analytics at around 8pm GMT or after on the last day of each month. Facebook counts posts, likes and comments within the group to determine who is a top contributor. Tags and shares do not count.
- Purchase a 'block' of classes, 1-2-1 sessions, small group training sessions or a 6 week programme. A 'block' is the amount of classes or sessions that qualifies you for a bulk booking discount via BookWhen.

The correct requirements and activities, as detailed above, must be performed to receive your entry, if you do not follow all requirements then an entry will not be given. If all requirements are not followed in certain circumstances entries may still be given at our discretion.

We reserve the right to change how all entries are gained by adding new methods or withdrawing methods depending on the number of prizes purchased throughout the year and number of entries.

Other ways to receive entries can be found in the free VFJ Test group - entries are given at our discretion inside the test group depending on what exactly is being tested, how it is being tested and when we are doing the testing therefore we reserve the right to change how and when entries are given out inside the test group at any time. Any of the activities detailed above such as 'sweaty selfies' and comments within the VFJ Test group will not gain competition entries.

We reserve the right to give other entries as and when needed at our discretion.

WHAT EXACTLY DOES GAINING A COMPETITION ENTRY MEAN?

At The Studio in Great Harwood there is a glass jar. Every time a person gains an entry into Competition A their name is written down on a piece of paper or raffle ticket, folded up and placed inside the jar.

One entry = one piece of paper with your name on.

HOW IS THE COMPETITION DRAWN?

Competition A is drawn at our annual online Christmas party, this usually takes place sometime between the 25th and 31st of December. If the party and draw cannot take place during this period of time it will be drawn as soon as possible in the new year.

A designated suitable impartial person will pick one piece of paper out of the glass jar for each prize available. If no one is available the Victoria will draw the names.

If consent to use their personal information has been withdrawn by the entrant drawn then the piece of paper will be disposed of immediately and a new name drawn.

HOW WILL COMPETITION WINNERS BE NOTIFIED?

If you are online at the annual Christmas party then you will be notified at the time of the draw. If you are not online winners will be notified privately via a suitable method of communication depending on the personal data that we hold. If we don't hold any personal data on a winner they will be notified via Facebook or Instagram private message.

WITHDRAWING CONSENT

If you partake in an activity that gains you entry into a competition and you do not wish for us to use your information you must inform us at the time of that activity taking place or as soon as possible to prevent your name being placed in the glass jar. All activities as previously stated above will gain automatic entries into Competition A. Consent can be withdrawn at any time but once entered names cannot be removed from the jar until the time of the online draw. However if you withdraw consent and your name is then picked during the prize draw the piece of paper will be immediately disposed of and a new name drawn.

This only applies to Competition A. For information on withdrawing consent for all our other competitions please see below. For information on withdrawing consent for us to use your data in other aspects of the VFJ family please see the Privacy Policy.

OTHER COMPETITIONS

Occasionally VFJ Pilates runs other competitions alongside Competition A. These are entirely separate and entries into other competitions do not effect entries into Competition A.

The specific activities and ways to gain entries into all our other competitions, how they will be drawn and details about the prizes will be disclosed at the time of announcing the competition. Sometimes the activities to gain entries into our other competitions will be the same as for Competition A, in these cases you will receive both an entry into all the other competition and also an entry into Competition A.

If you undertake an activity that gains you entry into any of our other competitions and you do not wish for us to use your information you must inform us. Consent can be withdrawn at any time for all our other competitions and all names will be removed as soon as possible upon receiving your request. This only applies to our other competitions, not Competition A. For information on withdrawing consent for Competition A please see above.

HOW LONG DO I HAVE TO CLAIM MY PRIZE?

You have one calendar month to respond to any messages and communications sent by Victoria or VFJ Pilates and claim all prizes from all competitions including Competition A.

If you do not respond within one month the prize will be deemed unclaimed and another winner will be drawn. A winner for each Competition A prize will only be drawn twice, after which the prize will be withdrawn and used in the next Competition A. All our other competitions, except Competition A, may be drawn again, or until the prize is claimed, at our discretion.

HOW LONG DO I HAVE TO COLLECT MY PRIZE?

With the exception of Competition A's 1st prize, as long as you have claimed your prize within one month of the prize draw, collection of your prize can be arranged at a mutually convenient day and time up to 3 months after the draw has taken place.

With the exception of Competition A's 1st prize any other uncollected Competition A prizes will be withdrawn after 3 months and used for the next Competition A. Uncollected prizes from other competitions may be drawn again, or until the prize is claimed and collected, at our discretion.

COMPETITION A 1ST PRIZE

Competition A's 1st prize must be used within 6 months of the prize draw, after this the voucher is no longer valid. The prize cannot be swapped for another service, prize or monetary value. The voucher cannot be transferred to another person unless at our discretion. If you do not wish to use the voucher a second winner will be drawn, if they do not wish to use it the voucher will become void and another winner will not be drawn.

CAN MY PRIZE BE POSTED OR DELIVERED?

Prizes can be posted or delivered at our discretion and only if you cover all costs involved and provide a valid UK address. We reserve the right to withdraw this service at any time without notice.

CAN I SWAP MY PRIZE?

All competition prizes are non-transferable and cannot be swapped or exchanged for a different prize, product or service and cannot be exchanged for their monetary value under any circumstances.

WHO CAN ENTER?

Anyone can enter all our competitions, including Competition A, as long as they are over 18 years of age and resident in the UK.

OTHER COSTS

Any other costs, including taxes, incurred on receipt of, or by using, any of our prizes are solely the responsibility of the competition winners.

FACEBOOK

By entering any competition with VFJ Pilates, including Competition, you acknowledge that the promotion is in no way sponsored, endorsed, administered by or associated with Facebook and release Facebook of all responsibility.

SPONSORSHIP

All competitions, including Competition A, are sponsored solely by Victoria Frances Jackson and its subsidiary companies unless stated otherwise in the individual competition details. All prizes are bought by us and not donated unless otherwise stated. We showcase any businesses that we purchase our prizes from in all relevant competition posts but they have not endorsed, administered or are otherwise associated with VFJ Pilates and our competitions unless otherwise stated.

INDEMNIFICATION AND LIMITATION OF LIABILITY

By entering any competition you agree to indemnify and release us from any liability, damages, losses or injury resulting directly or indirectly from your participation in the competition or from your use/misuse of any prizes that may be won. We do not make any warranties, express or implied, as to the condition, fitness, merchantability or suitability of any prizes won. We cannot be held responsible for any damage to any computer system as a result of accessing or downloading any information or materials connected with any of our competitions.

UPDATING THIS STATEMENT

Victoria Frances Jackson may update this competition policy by posting a new version on this website. You should check the website regularly to ensure you are familiar with any changes to these terms and conditions.

Sincerely,

VICTORIA JACKSON

Owner

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